

Bellfield

CENTRE OF WELLBEING



WELCOME TO BELLFIELD



Bellfield is a Georgian residence built in 1840 at the height of Ulster's world famous linen industry. It is located in 10 acres of mature gardens.

The original coach house has been restored to provide our clients with a world class day spa, offering a full range of beauty and health treatments. Our objective is to provide a tranquil and serene environment in which you can relax and completely forget yourself.

Our experienced staff are always at hand to provide you with a personal treatment plan for your individual needs, whether it be to de-stress, detox or find your inner sense of well being.

We have provided a comfortable relaxation area for all our clients, male and female. For maximum benefit allow a little extra time before and after your treatment. Take time to enjoy it.

Rachael Niblock
ITEC CIDESCO IRI

"Our true intent is. All for your delight"

FACE: TECHNOLOGY

The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Visibly healthy, nourished and energised skin.



TECHNOLOGY: ANTI-AGEING

ELEMIS BIOTEC Line Eraser

Target wrinkles and energise the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating clinically proven* facial treatment that effectively irons out wrinkles and fills out lines.

**Independent Clinical Trial.*

1 hr 15 mins.....£75.00

ELEMIS BIOTEC Firm-a-Lift

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

1 hr 15 mins.....£75.00

ELEMIS BIOTEC Anti-Pigment Brightener

This illuminating treatment dynamically tackles the appearance of uneven skin tone, discolouration and age spots. A unique complex of brightening actives, ultrasonic peel and light therapy reveal a youthful and translucent complexion.

1 hr 15 mins.....£75.00

ELEMIS BIOTEC Skin Resurfacer

This revolutionary clinically proven* facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother. *Independent Clinical Trials.

1 hr 15 mins.....£75.00

FACE: TECHNOLOGY

TECHNOLOGY: SKIN SOLUTIONS

ELEMIS BIOTEC Radiance Renew

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.

1 hr 15 mins.....£75.00

ELEMIS BIOTEC Blemish Control

A deep cleansing facial that detoxifies and repairs damaged tissue. Ultrasonic vibration, massage, steam, and galvanic currents thoroughly decongest and exfoliate. Powerful anti-oxidants soothe, while light therapy helps clear the complexion.

1 hr 15 mins.....£75.00

ELEMIS BIOTEC Sensitive Skin Soother

This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming anti-oxidants improve the skin's ability to repair itself. The result is calm and soothed skin.

1 hr 15 mins.....£75.00

ELEMIS BIOTEC ADD ON TREATMENTS

ELEMIS BIOTEC Eye Treatment

BIOTEC technology is refined enough to gently stimulate and tighten the delicate eye area, without disturbing fragile skin.

30 mins.....£30

ELEMIS BIOTEC Neck Treatment

Microcurrent reminds the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring.

30 mins.....£30

FACE: TOUCH

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.



TOUCH: ANTI-AGEING

ELEMIS ProCollagen Age Defy

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

*Independent Clinical Trials

1 hr 15 mins.....£70.00

ELEMIS ProDefinition Lift and Contour

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

1 hr 15 mins.....£70.00

ELEMIS Dynamic Resurfacing Precision Peel

Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin. *Independent Clinical Trials

1 hr 15 mins.....£70.00

ELEMIS White Brightening Pigment Perfector

Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even, colour-corrected and illuminated complexion

1 hr 15 mins.....£70.00

FACE: TOUCH

TOUCH: SKIN SOLUTIONS

These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions.

ELEMIS Superfood ProRadiance

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health. *Independent Clinical Trials.

1 hr 15 mins.....£70.00

ELEMIS Sensitive Skin Soother

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

1 hr 15 mins.....£70.00

ELEMIS Anti-Blemish Mattify and Calm

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

1 hr 15 mins.....£70.00

Bellfield Signature Facial Treatment

For a powerful skin recharge, this facial will address your individual concerns. Skin is deeply cleansed and stimulated using specialist Eastern massage techniques, a deep exfoliation to draw out impurities and aid desquamation, finishing with powerful conditioning actives to renew vital radiance to the skin.

Choose from: Dry / dehydrated, Dull / Congested or Mature skin types.

1 hr.....£58.00

MEN'S TREATMENT MENU

Men's skin behaves differently to women's. Shaving, sports and lifestyle all make their own demands. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

MEN: TOUCH

ELEMIS High Performance Skin Energiser

An intelligent Anti-Ageing facial that adapts to super boost the skin. Prescribed to protect against the harsh, ageing effects of shaving and environmental damage, this is the ultimate skin overhaul for male skin.

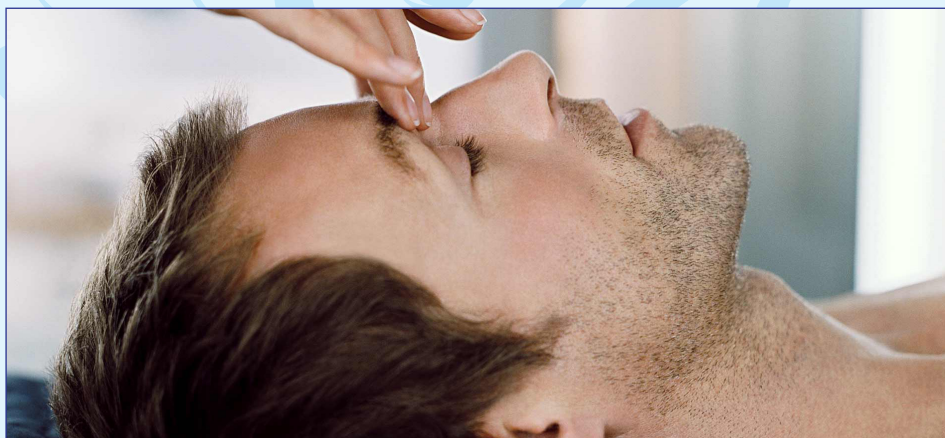
1 hr 15 mins.....£70.00

MEN : TECHNOLOGY

ELEMIS BIOTEC SuperCharger for Men

The facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. Ultrasonic peeling, steam and galvanic current deliver a deep clean for a multi-tasking, time efficient solution.

1 hr 15 mins.....£75.00



KARIN HERZOG FACIALS



KARIN HERZOG SMOOTHIE

Luxurious hand's on treatment incorporating oxygen, water, vitamins and gentle but effective super fruit enzymes of orange, mandarin, grapefruit and grapes. A high performance anti-ageing maintenance facial to ensure the skin stays firm, hydrated and lifted. A face-lifting facial with radiance that is both instant and long lasting. Suitable for all skin types including those with heightened sensitivity. Excellent at restoring the natural balance and health of skin types including those with heightened sensitivity, and for treating many common disorders including Rosacea, dermatitis, eczema and many more.

1 hr 15 mins.....£70.00

KARIN HERZOG PORE DRAW

The most effective and hygienic manual extraction facial. Oxygen sterilises the therapist's hands and the client's skin. Blackheads, whiteheads and even Millia can be extracted leaving the skin brighter, clearer fresher and visibly improved. Suitable for even young and sensitive skin to really provide a deep cleanse. A real urban rescue remedy.

1 hr 15 mins.....£70.00

KARIN HERZOG COMPLETE FACE TREATMENT (ACNE)

Unique extraction facial and gentle deep cleansing eliminates the redness associated with traditional methods. Karin Herzog Oxygen products help promote healing and balance in acneic skin.

1 hr.....£65.00

KARIN HERZOG FACIALS

KARIN HERZOG GLOWING EFFECT ANTI-WRINKLE TREATMENT

The ultimate rejuvenating and anti-ageing treatment. This facial will provide smoother, more refined skin and minimise fine lines. Suitable for all skin types - will guarantee a positive, visible difference in the skin on a long term basis.

1 hr 15 mins.....£70.00

KARIN HERZOG COCO2 CHOCOLATE FACIAL

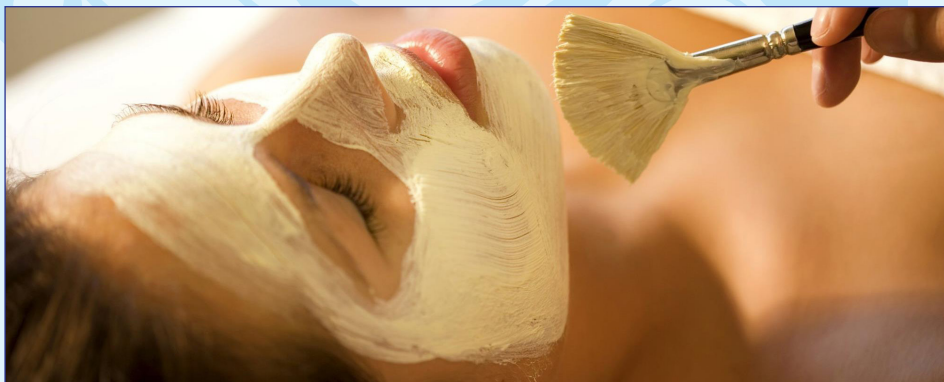
A potent and highly charged hands-on facial. Chocolate is just bursting with natural health and goodness: Anti-Oxidants, vitamins, trace elements, hormone balancing minerals and lipids to super hydrate and lift, whilst Herzog's Oxygen delivery provides the pure raw power needed to fully utilise all of the luscious raw ingredients from the chocolate, and further provide detoxification, clarity, elasticity, health and rejuvenation.

1 hr 15 mins.....£70.00

KARIN HERZOG PEEL N' PLUMP

A fabulous 30 minute facial with staggering results. Using a safe and gentle glycolic acid, rose essential oil and Herzog's patented and proven Oxygen therapy. This treatment revives tired looking skin, helps soften fine lines, hydrates and plumps. Skin is lifted and toned, elasticity is improved and the complexion looks brighter. Stimulates cell renewal whilst simultaneously decongesting. Essential for dry, mature skin, pigmentation problems, acne scarring or general lack-lustre skin. Brilliant as an advanced beauty aid before a special occasion!

45 min.....£45.00



BODY: DETOX AND CELLULITE

ELEMIS Thousand Flower Detox Wrap

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

1 hr 15 mins.....£60.00

ELEMIS Targeted Toning Tightener

A powerful blend of massage and detoxifying clay for targeted toning and tightening on hips, thighs, abdomen and backs of arms. Clinically proven* to reduce the appearance of cellulite after just one treatment. **Independent Clinical Trials.*

1 hr 15 mins.....£70.00

ELEMIS AROMA SPA OCEAN WRAP

Seaweed wrap treatments detoxify and deep cleanse the body inside and out. Let your thoughts drift away, whilst you are cocooned in comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment.

1 hr 15 mins.....£70.00



BODY: ENERGY BOOSTING AND MUSCLEASE



ELEMIS Hot Mineral Body Boost

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. Completed by a restorative facial massage, this is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

1 hr 15 mins.....£65.00

ELEMIS Garden of England Rose Restore

Take a walk in an English rose garden with this lavishly hydrating massage and micro-wrap. The unique trio of Rose, Camelina and Poppy seed oils leaves skin exquisitely moisturised, intensely supple and delicately scented.

1 hr.....£55.00

BODY: SCRUBS & WRAPS

ELEMIS Body Nectar Nourishing Frangipani Wrap

The velvety texture of the Monoi Oil offers superhydration, quenching a thirsty skin. You are kept cocooned and warm while the moodbalancing aromatics and skin conditioning oils do their work.

1 hr£50.00

ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

45 mins£45.00

UNIVERSAL CONTOURWRAP INCH-LOSS

The worlds only scientifically proven inch-loss wrap can help everyone from people looking to kick-start a slimming plan to those targeting stubborn areas in their quest for the perfect figure. Regardless of your shape or size, you can rely on our unique formula to tighten and tone the body.

2 hrs 30 mins£70.00



BODY: MASSAGE



ELEMIS Freestyle Deep Tissue Massage

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

30 mins£35.00

1 hr£50.00

1 hr 30 mins.....£65.00

FULL BODY SWEDISH MASSAGE

This invigorating massage releases muscle stiffness and tension, improves circulation and flexibility and restores vitality.

1 hr£50.00

STRESS THERAPY MASSAGE

This massage reduces tension in the spine, shoulders and neck, with a scalp massage, promoting stress reduction and relaxation of the muscles and nerves.

1 hr£50.00

REFLEXOLOGY

This natural, holistic therapy is based on points of the feet which correspond to organs, systems and structures within the entire body. The treatment restores balance and well-being and seeks to work the body's natural healing efforts.

1 hr£45.00

BODY: MASSAGE

SPACE

Forget all other scalp massages, once you have tried our authentic Tibetan head massage there is no going back! Guaranteed to transport even the most stressed and time sensitive, pre-occupied client into a deep inner - peace that is rewarding, restoring, reparative and fulfilling. An original head, scalp and facial treatment with the client remaining fully dressed whilst lying on the treatment couch. Based on ancient Himalayan techniques practised by ancient Tibetan Monks, space though light in touch, works on an entirely unique set of energy lines to induce meditative relaxation. Calming for mind and body the addition of Herzog's Oxygen therapy ensures an overall lift.

1 hr£50.00

HOPI EAR CANDLING

Hopi ear is a pleasant and non-invasive treatment of the ears, used to treat excessive or compacted wax in the ears, irritation, pressure regulation in cases of sinusitis colds, flu, headaches, migraine and noises in the ear eg. tinitus and has a relaxing and calming effect on stress.

45 mins£45.00

ELEMIS Deeper Than Deep Hot Stone Massage

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

1 hr 30 mins£70.00



FACE AND BODY COMBINATIONS



Choose your own combination of facial and body massage, or let your ELEMIS therapist personally prescribe the perfect treatment to work with your skin, your mood and your needs.

ELEMIS Couture Touch

Condition your skin and muscles with this all embracing experience. Combine any 30minute or 1-hour ELEMIS hands-on TOUCH facial with your personalised Freestyle Deep Tissue Massage or Deeper than Deep Hot Stone Massage.

1 hr 15 mins.....£70.00

ELEMIS Couture Technology

Time to switch your skin on. Combine any 30 minute, 1 hour or 1 hour 30 minute ELEMIS TECHNOLOGY BIOTEC facial with your personalised Freestyle Deep Tissue Massage or Deeper than Deep Hot Stone Massage.

1 hr 15 mins.....£75.00

BODY: PREGNANCY

These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester. Gently.

ELEMIS Peaceful Pregnancy Massage

Performed on a pear-shaped beanbag that moulds to every bump, mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

1 hr 15 mins£65.00

ELEMIS Peaceful Pregnancy Face and Body Experience

Settle into the unique pear-shaped beanbag for this treatment combination that gently addresses any visible effects of hormonal changes on the skin and supports it as it accommodates your baby.

2 hrs 15 mins£110.00



LAVA MASSAGE



Hot Lava Shell Relax

Experience the warmth and soothing relief of the tropics, during the massage, the shells are worked over the palms, arms, neck and shoulder area. Deep tissue work on tension areas such as the feet, back and shoulders, ease away all muscle tension, unblocking an energy flow and releasing a sense of balance to the entire body and mind.

1 hr 30 mins treatment time	£90.00
1 hr treatment time	£70.00
30 mins Back tension	£45.00

LAVA RESCUE MASSAGE

Combining the use of HOT Lava Shells and COLD Glacial Shells this treatment is used to assist pain relief and reduce muscle spasm on overuse injuries. Predominantly used in sports injury management, the hot and cold process is applied to the body to assist the healing process.

1 hr 15 mins treatment time	£75.00
--	---------------

HANDS AND FEET

ELEMIS Garden of England Rose Restore Hand Treatment

This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

1 hr£35.00



NAILTIQUES THERAPEUTIC MANICURE

A professionally prescribed manicure formulated to treat specific nail conditions, this treatment includes filing and soaking nails, cuticle treatment with heated mitts, hand and arm massage with polish to finish.

1 hr£30.00

FILE & POLISH

30 mins£15.00

BIO SCULPTURE GEL EXTENSION AND OVERLAYS

The Healthier alternative in Nail Care

Extensions: £45.00. Overlays: £30.00. Infills: £20.00. Soak Off: £15.00. Repair Nails: £5.00.

SHELLAC

14 day glamorous, high gloss polish, thats truly addictive

1hr£30.00

Shellac Removal

15 mins£10.00

Added to manicure / pedicure

Allow extra 30mins£15.00

HANDS AND FEET



LUXURY SPA PEDICURE

Beginning with a nail and foot analysis this treatment includes removal of hard skin, a relaxing foot spa bath filled with aromatic treatment oils, exfoliation, cuticle and nail maintenance with foot mask in heated booties. Massage and polish application to finish.

1 hr 15 mins.....£35.00

ELEMIS Best Foot Forward

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

1 hr 15 mins.....£37.50

HAIR REMOVAL

WAXING

An essential service using Australian Bodycare tea-tree products, which contain antiseptic properties to destroy bacteria longer and anaesthetic properties to cool and soothe the area treated.

FULL LEG WAX INC. BIKINI

1 hr 15 mins£38.00

FULL LEG WAX

1 hr 15 mins£28.00

HALF LEG WAX

30 mins£20.00

BIKINI WAX

15 mins£18.00

BRAZILIAN

30 mins£30.00

UNDERARM WAX

15 mins£12.00

EYEBROW WAX

15 mins£8.50

LIP WAX

15 mins£7.50

CHIN WAX

15 mins£7.50

LIP & CHIN

20 mins£14.00

MALE BACK WAX

45 mins£28.00

MALE SHOULDER WAX

30 mins£18.00

MALE CHEST WAX

30 mins£25.00

ELECTROLYSIS

A medically approved method of permanent hair removal, highly recommended for the facial area. Consultation with first treatment, allow 15 minutes.

10 mins£10.00

15 mins£15.00

EYE CARE

HD BROWS

Now, thanks to a unique seven-step brow-shaping treatment, you can have the ultimate in well-groomed, high definition eyebrows.

Patch Test Required.

1 hr£40.00



LVL ENHANCE

Length, volume and lift, this treatment has been designed to dramatically enhance your natural eyelashes. Patch test required.

1hr.....£45.00

TINTING

Patch test required 24 hours prior to treatment.

EYE BROW TINT

15 mins£7.00

EYE LASH TINT

30 mins£14.00

EYE BROW AND LASH TINT

30 mins£18.00

LASHAHOLIC EYELASH EXTENSIONS

Full Set

2 hrs£50.00

Infills 2/3 Weeks

1 hrs£25.00

3 Weeks plus Full Price Removal

1 hr£25.00

THREADING

Eyebrows.....	£12
Upper lip.....	£10
Lower lip.....	£5
Sides of face.....	£15
Neck.....	£10
Chin.....	£10
Forehead.....	£10
Middle of brows.....	£5



ESSENTIAL TOUCHES

MAKE UP

PROFESSIONAL MAKE UP APPLICATION DAY/NIGHT

45 mins£25.00

MAKE UP LESSON

1 hr£30.00

WEDDING MAKE UP (INC. TRIAL)

45 mins£45.00

APPLICATION OF FALSE EYE-LASHES

15mins£10.00

SELF TAN

To achieve the best results, waxing and shaving should be done 24 hours prior to treatment. Exfoliate 1 day prior to treatment. Wear loose dark clothing with flip flops and no body lotion, make-up or deodorant to be worn on the day of tanning.

SPRAY TANNING

For a quick and convenient self tan. The natural tanning solution ensures you get the best results from just one single spray tan session. A luxurious aloe vera based product which contains no harsh chemicals or drying alcohol leaves the skin with a deep golden glow. With three different options to choose from we can ensure you leave with a colour suited to your skin type.

1/2 Body 20mins£15.00

Full Body 30mins£25.00

PACKAGES

BELLFIELD SPA DAY (Inc. Lunch)

Body Exfoliation

Body Wrap

Body Massage 1 hr

Facial 1 hr 30 mins

Manicure

Pedicure

8 hrs.....**£265.00**

BELLFIELD EXPRESS SPA (Inc. Refreshments)

Body Exfoliation

Massage 1 hr

Facial 1 hr

File and Polish Hands

File and Polish Toes

4 hrs.....**£160.00**

BELLFIELD BRIDAL PACKAGE (Inc. Refreshments)

Consultation

Strawberry Back Cleanse

Facial 1 hr

Eyelash Tint, Eyebrow Tint, Eyebrow Wax

Manicure

Pedicure

4 hrs 30 mins.....**£170.00**

PACKAGES

BELLFIELD PRE-HOLIDAY PACKAGE

(Inc. Refreshments)

Half Leg Wax

Bikini Wax

Underarm Wax

Eyelash Tint, Eyebrow Tint, Eyebrow Wax

Manicure

Pedicure

3 hrs 30 mins**£127.00**

MOTHER - TO - BE PACKAGE (Inc.Refreshments)

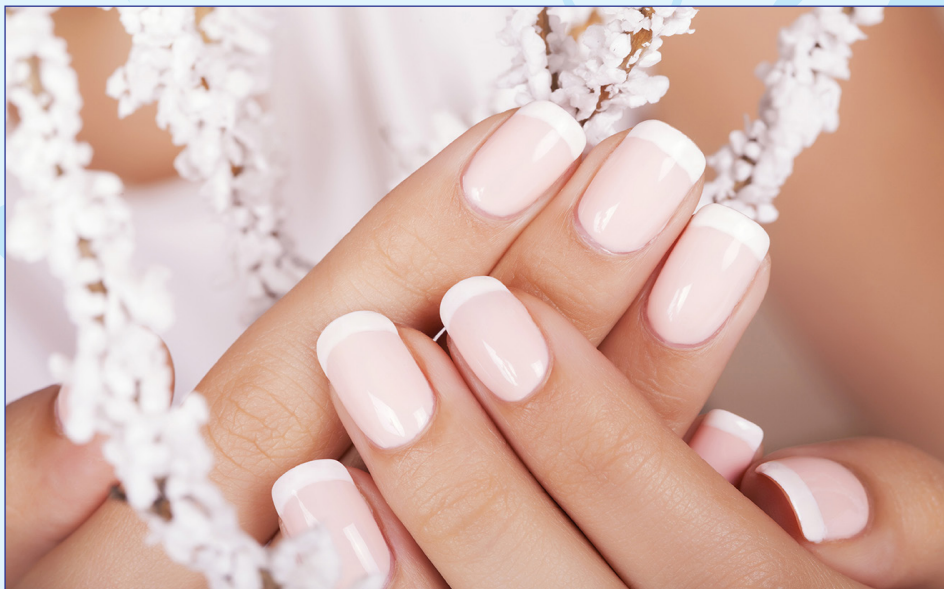
Consultation

Mother to be Massage

Pedicure

Manicure

4 hrs**£118.00**



FOR MAXIMUM BENEFIT FROM YOUR TREATMENT

- *Arrive at least 15 minutes before your appointment and try to leave time afterwards to relax, arriving late may result in a reduction of treatment time.*
- *To promote our tranquil environment please turn off mobile phones.*
- *Refreshments are available.*
- *Hair dryers, towels, robes and wraps are provided where necessary.*
- *Disposable underwear is available for all body treatments, you may wear a bathing suit or underwear if appropriate.*
- *If you have a preference of therapist please mention this when making your appointment.*
- *Please tell the therapist if you are pregnant, have had recent surgery or have a health problem.*
- *We regret we do not have the facilities for children under the age of 16.*
- *A 24 hour cancellation notice period is required to avoid being charged 100% of a scheduled appointment the same terms apply to no show.*
- *Bookings over 3 hours may require a credit card number or deposit in advance to confirm booking.*
- *All prices are correct at time of printing, but may be subject to change.*
- *We recommend you do not bring any valuables on your visit to the salon.*

OPENING HOURS

MONDAY	10.00 a.m. - 6.00 p.m.
TUESDAY	10.00 a.m. - 8.30 p.m.
WEDNESDAY	10.00 a.m. - 8.30 p.m.
THURSDAY	10.00 a.m. - 8.30 p.m.
FRIDAY	10.00 a.m. - 6.00 p.m.
SATURDAY	10.00 a.m. - 5.00 p.m.

GIFT VOUCHERS

Gift vouchers are available for purchase.

These may be used for treatments or products.

GIFT VOUCHERS MUST BE PRESENTED AT TIME OF TREATMENT/ PURCHASE



**Bellfield, Lenaderg,
Banbridge BT32 4NN
Tel: (028) 406 60400**

**rachael@bellfieldcw.com
www.bellfieldcw.com**